



# Trans **PULSE** CANADA

A national study of trans  
health and well-being

Presented by: Yasmeen Persad, Trans PULSE Canada  
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# Study Objectives

## Trans PULSE Canada aims to

- ▶ Describe the health of trans and non-binary people in Canada, identifying inequalities with the general population
- ▶ Analyze factors contributing to health, and health care access
- ▶ Provide policy-relevant data for all provinces/territories, and nine priority populations. Trans people who are:
  - Indigenous
  - Racialized
  - Sex workers
  - Elders
  - Youth
  - Rural/Northern
  - Living with disabilities
  - Non-binary
  - Immigrants, refugees, or newcomers

# Principles

- ▶ Intersectionality
- ▶ Two-Eyed Seeing
- ▶ Minority Stress Theory
- ▶ Patient-Centred Access to Care

# Methods/Timeline

Ongoing consultation with all nine priority populations:



Questions on:

- Socio-demographics
- Health & wellbeing
- Access
- Discrimination
- Policy-relevant information needs

- Online or in-person with Peer Research Associate
- English, French, or other language w/interpreter
- Long/short form

- 9 priority population reports
- 8 provincial/ regional reports
- 10 targeted reports can be requested by organizations (incl. translation)
- 45 manuscripts, 10 videos, 5 infographics

# Team Structure

## Trans-majority Steering Committee

- ▶ All decisions on project direction made by minimum 50% + 1 trans people

## Indigenous Leadership Group

- ▶ Self-governing team directing priorities for Indigenous survey content and KT, developing follow-up project using decolonizing & Indigenous research methods

## Working groups

- ▶ Task-oriented teams e.g. survey design, data analysis, communications

## 9 Priority Population Consultation Teams

- ▶ Community members, policy makers, and researchers who are consulted throughout the project to ensure all aspects are useful and respectful to community

# Team Members

- ▶ Co-Principal Investigators: Dr. Greta Bauer & Dr. Ayden Scheim
- ▶ National team of 21+ community members, researchers, health care providers, and policy makers

# Trans Women with HIV

The survey will capture:

- ▶ Access to health care (primary, mental health/addictions, emergency, gender affirming, and HIV care)
- ▶ HIV care cascade
- ▶ HIV-related stigma/discrimination from family, friends, health care providers, other trans or non-binary people, employers
- ▶ Concerns about interactions between hormones & HIV medications
- ▶ Access to welcoming trans and non-binary or genderqueer spaces (either in person or online)
- ▶ And more...

# Upcoming Timeline

June-August 2019

**Data Collection**

Watch

[transpulsecanada.ca](http://transpulsecanada.ca)

February 2020

**Release responsive reports!**

Connect with us to request a community-specific report

October 2019 - August 2020

**Release Priority Population & Provincial/Territorial reports**

Other KTE (manuscripts, videos, infographics) to be produced continuously starting December 2019

# Questions & Contact Information

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