

Health and Well-Being among Trans and Non-Binary Canadians:

First Results from Trans PULSE Canada

Greta Bauer, PhD, MPH

Ayden Scheim, PhD

Siobhan Churchill, MSc



for the
Trans PULSE Canada
Research Team

Epidemiology and Biostatistics, Western University
London, Ontario, Canada

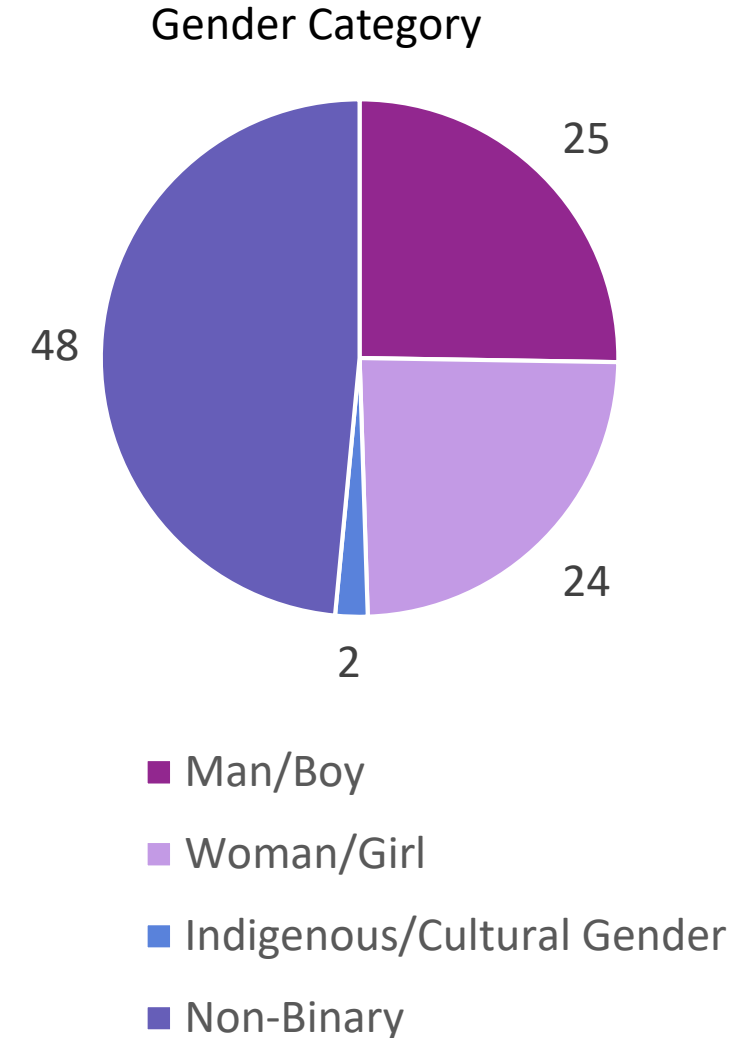


Trans PULSE Canada National Survey 2019

- Data collection (10-week period)
 - Online, paper, or telephone survey, or completed with assistance of eleven Peer Research Associates working in major cities and online
 - Short-form option
- Eligibility:
 - Identify as gender other than assigned at birth
 - Age 14 and older
 - Resident of Canada
 - Able to complete survey in English or French
- N=2,873
- 9 priority populations
 - Indigenous, immigrant, sex worker, disability, youth, older adult, racialized, non-binary, rural

	%	95% CI
Age 14-19 years	13	(12, 14)
20-24 years	22	(20, 23)
25-34 years	37	(35, 39)
35-49 years	20	(18, 21)
50-64 years	8	(7, 9)
65+ years	1	(0.7, 1)
Indigenous	9	(8, 10)
Racialized	14	(13, 15)
Newcomer	3	(3, 4)
Established immigrant	9	(8, 10)
Rural residence	6	(5, 7)
Identify as living with disability	19	(17, 20)
Identify as neurodivergent	30	(29, 32)
Low-income household ^a	40	(38, 42)
Employed full-time ^a	43	(41, 46)

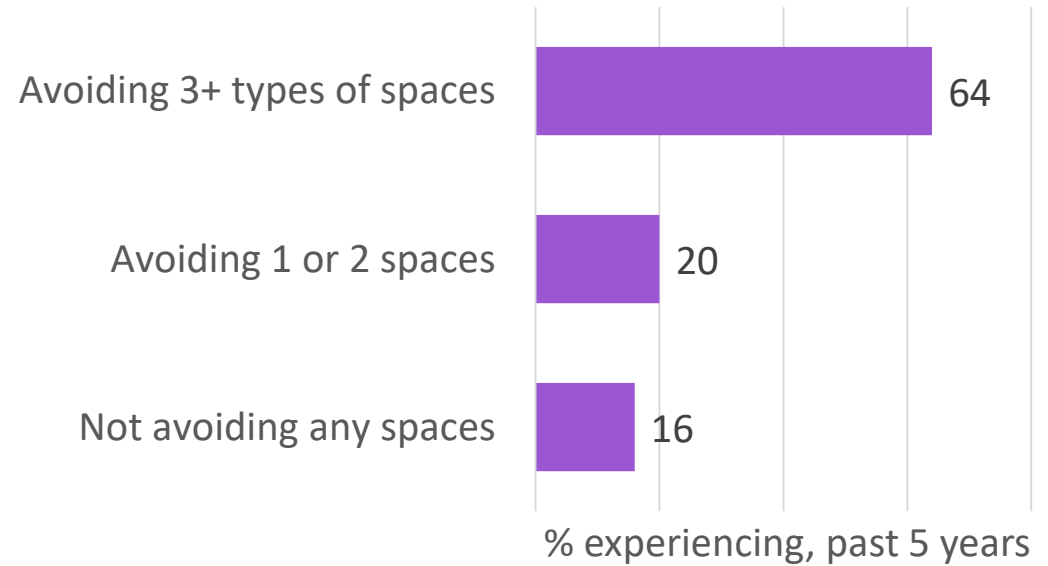
a. Limited to those age 25+ years



Harassment and violence

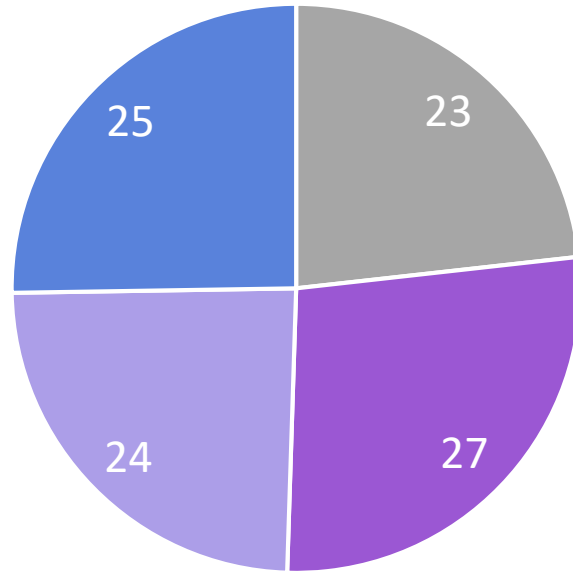


Avoidance of public spaces

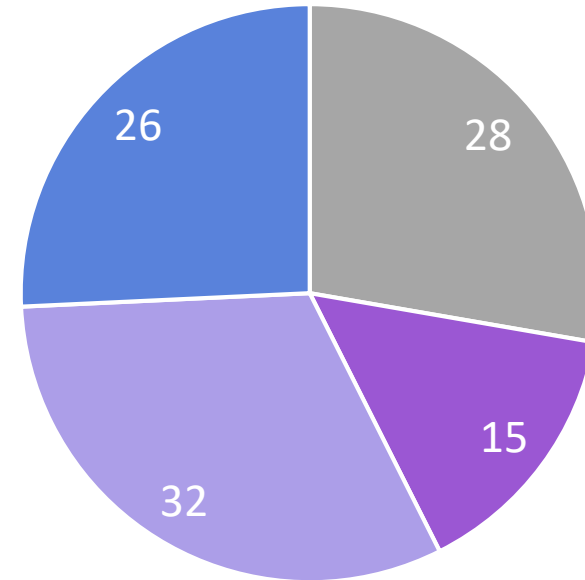


Gender-Affirming Health Care Status

2009-2010 – Trans PULSE Ontario



2019 – Trans PULSE Canada



■ Not planning/Unsure ■ Planning but not begun ■ In process ■ All necessary care completed

Health measures

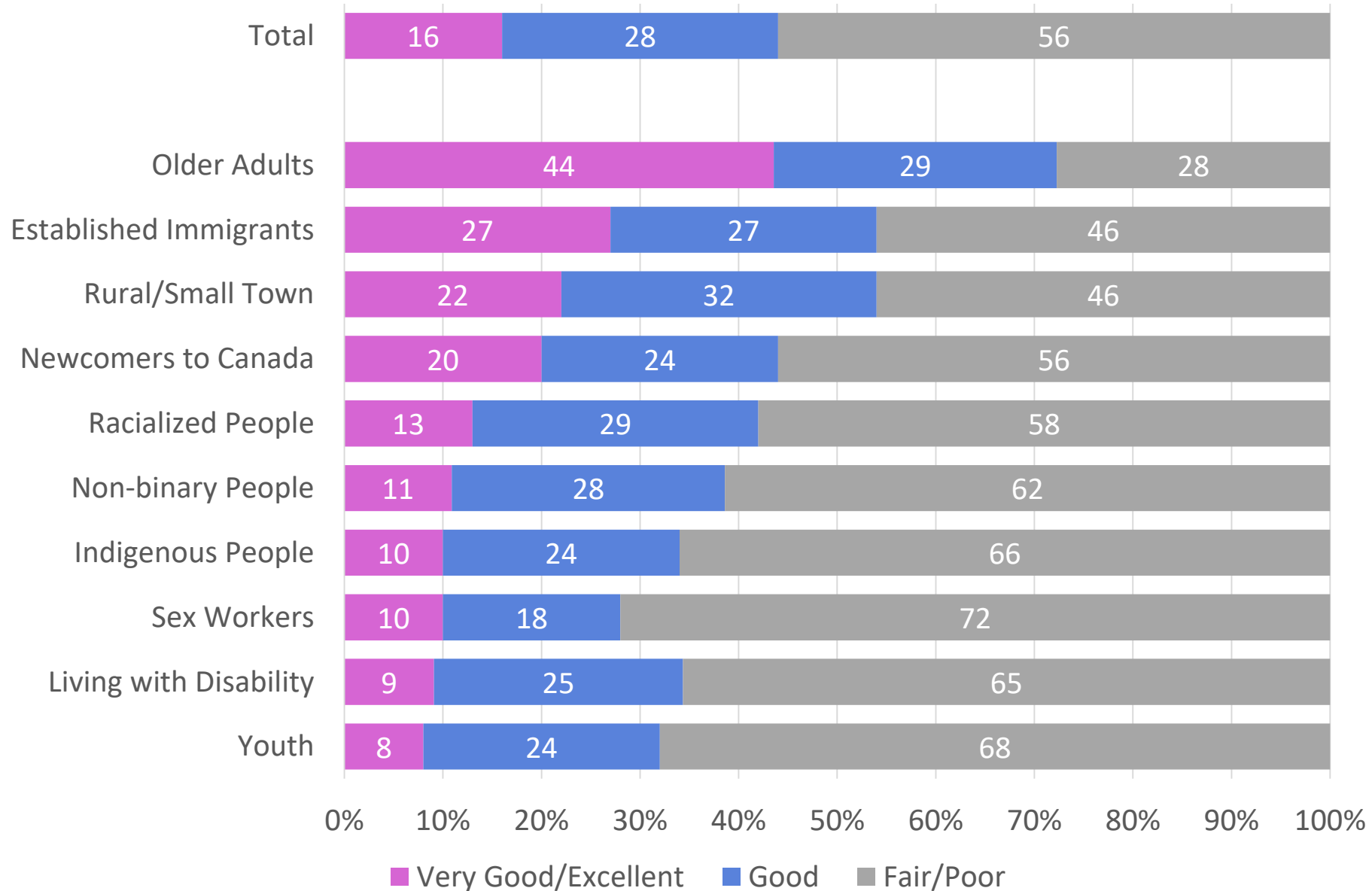


	%	95% CI
Suicidal ideation, past year	31	(29, 33)
Suicide attempt, past year	6	(5, 6)
Self-rated mental health		
Excellent or very good	16	(15, 18)
Good	28	(27, 30)
Fair or poor	56	(54, 57)
Self-rated health		
Excellent or very good	37	(35, 37)
Good	36	(34, 38)
Fair or poor	27	(25, 29)

Comparison with 2009 Ontario Trans PULSE data:

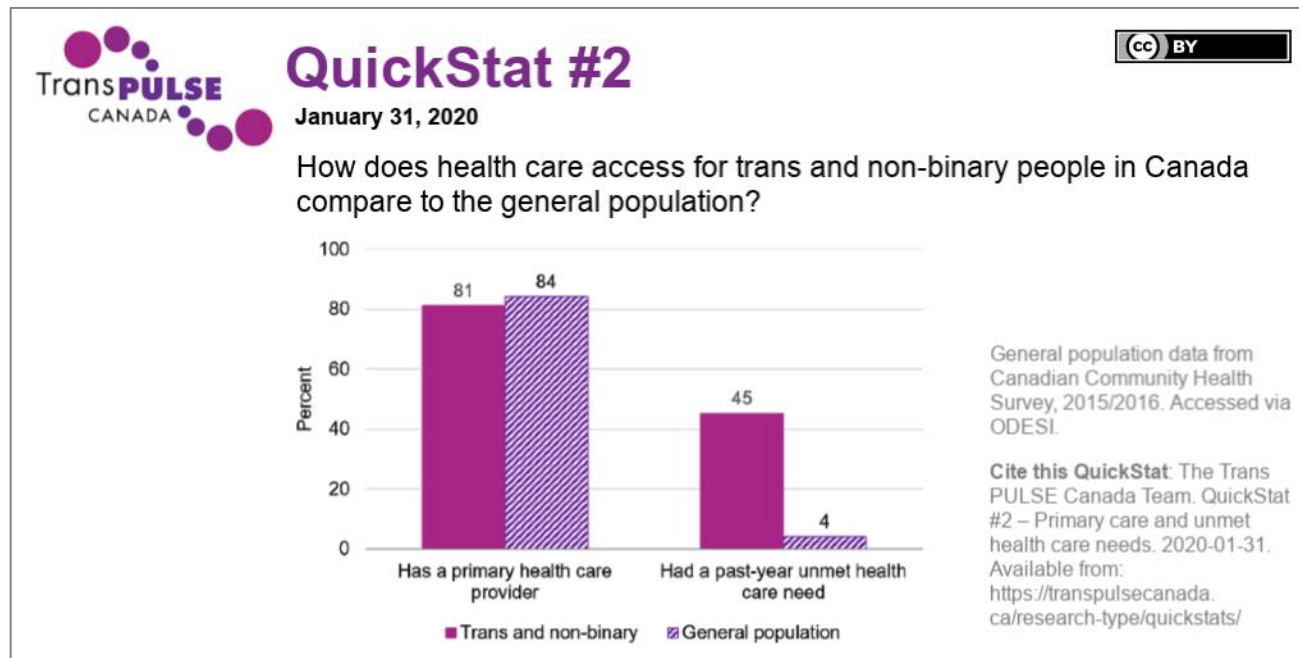
Ideation: 36% (28, 44)
 Attempt: 10% (6, 16)

Variation in self-reported mental health for priority subgroups

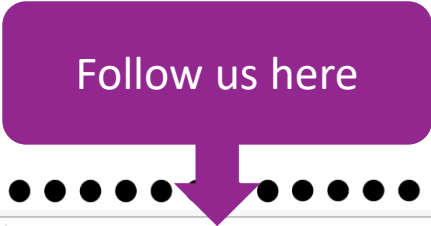


Health care

	%	95% CI
Has a primary health care provider	81	(79, 82)
Unmet health care need, past year	45	(43, 47)
Avoided emergency department because of fear of mistreatment, past year	12	(10, 13)



Watch for:



- WPATH presentation on immigrants, newcomers, refugees
- Series of 11 initial reports
- QuickStats
- COVID Survey
- Academic papers, beginning with:
 - Intersectional approaches to health inequities
 - Priority population focused papers
 - Interprovincial differences
 - Estimation of population size

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FAQ
Updates

DOCUMENTS
Survey
Promotional Materials
Research Team Policies
Forms

STUDY RESULTS
Reports
Journal Articles
Infographics & Posters
QuickStats
Slide Sets

CONTACT

**IN THIS CENSUS,
TRANS & NON-BINARY
PEOPLE COUNT!**

Trans PULSE Canada is a community-based survey of the health and well-being of trans and non-binary people in Canada.

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To participate, you must be aged 14 or older, live in Canada, and have a gender identity that differs from the sex you were assigned at birth. You don't have to identify personally as transgender, trans, or non-binary, you don't have to be living

Acknowledgements – Trans PULSE Canada Contributors

The Trans PULSE Canada team includes more than 100 people who have contributed in different ways to the project. We would like to acknowledge the valuable contributions of the following people, and 36 additional anonymous individuals: Aaron Devor, Adrian Edgar, Alisa Grigorovich, Alyx MacAdams, Ander Swift, Angel Glady, Anna Martha Vaitses Fontanari, Asha Jibril, Ayden Scheim, Bretton Fosbrook, Caiden Chih, Callie Lugosi, Carol Lopez, Charlie Davis, Connie Merasty, Dominic Beaulieu-Prévost, Drew Burchell, Elie Darling, Emily Nunez, Eva Legare-Tremblay, Fae Johnstone, Fin Gareau, Françoise Susset, Frédéric S.E. Arps, Gioi Tran Minh, Greta Bauer, Hannah Kia, Jack Saddleback, Jacq Brasseur, Jaimie Veale, Jelena Vermilion, Jordan Zaitzow, Joseph Moore, Jose Navarro, Julie Temple-Newhook, j wallace skelton, Keegan Prempeh, Kelendria Nation, Kimberly Dhaliwal, Kohenet Talia Johnson, Kusha Dadui, Kylie Brooks, Leo Rutherford, Marcella Daye, Mayuri Mahendran, Meghan Smith, Moomtaz Khatoon, M. Roberts, Naja, Nathan Lachowsky, Nik Redman, Noah Adams, Peetanacoot (Winnie) Nenakawekapo, Parker L., Prerna Thaker, Rainbow Hunt, Randy Jackson, Reann Legge, Rebecca Hammond, Reece Malone, Renée Masching, Renu Shonek, Robb Travers, Rosalyn Forrester, Roxane Nadeau, Sharp Dopler, Shaz Islam, Siobhan Churchill, Skylar Sookpaiboon, Sophia Ciavarella, T.F., Todd Coleman, Tony Kourie, William Flett, and Yasmeen Persad. Thank you!

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