Social and systemic barriers for Trans and Non-binary people in Canada by Trans PULSE CANADA research team

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OCTOBER 26, 2020
Trans PULSE Canada National Survey 2019

Data collection (10-week period)
- Online, paper, or telephone survey, or may be completed in person on tablet or online with assistance of one of ten Peer Research Associates in major cities, or one online
- Short-form option

Eligibility:
- Identify as gender other than assigned at birth
- Age 14 and older
- Resident of Canada
- Able to complete survey in English or French

N=2,873

9 priority populations
- Indigenous, immigrant, sex worker, disability, youth, older adult, racialized, non-binary, rural
Gender representation
N=2744

- Woman or girl: 24%
- Man or boy: 25%
- Indigenous or cultural gender (e.g., two-spirit): 2%
- Non-binary or similar: 48%
Racialization and Indigenous in Canada

**Racialization**

N=2741

- **Woman or girl**
  - Racialized: 10
  - Not racialized: 90

- **Man or boy**
  - Racialized: 12
  - Not racialized: 88

- **Indigenous or cultural gender**
  - Racialized: 61
  - Not racialized: 39

- **Non-binary or similar**
  - Racialized: 14
  - Not racialized: 86

**Indigenous in Canada**

N=2740

- **Woman or girl**
  - Indigenous in Canada: 5
  - Not Indigenous in Canada: 95

- **Man or boy**
  - Indigenous in Canada: 9
  - Not Indigenous in Canada: 91

- **Indigenous or cultural gender**
  - Indigenous in Canada: 86
  - Not Indigenous in Canada: 14

- **Non-binary or similar**
  - Indigenous in Canada: 7
  - Not Indigenous in Canada: 93
Access to identity documents (IDs) with preferred gender marker

Nonbinary and Indigenous individuals was less likely to have identification with their preferred marker (72%, 67% respectively).

Trans men were also less likely than Trans women to have identification with their preferred marker (45%, 36% respectively).
### Education (age 25+)

One fifth of Trans and Non-binary individuals have pursued post secondary education.

**College/University degree**
- 51% Trans men
- 48% of Non-binary individuals
- 47% Trans woman
- 37% of Indigenous individuals

<table>
<thead>
<tr>
<th>Gender/Identity</th>
<th>&lt; High school</th>
<th>High school diploma</th>
<th>Some college or university</th>
<th>College or university degree</th>
<th>Grad/professional degree</th>
</tr>
</thead>
<tbody>
<tr>
<td>Woman or girl</td>
<td>7</td>
<td>10</td>
<td>23</td>
<td>47</td>
<td>14</td>
</tr>
<tr>
<td>Man or boy</td>
<td>2</td>
<td>7</td>
<td>21</td>
<td>51</td>
<td>20</td>
</tr>
<tr>
<td>Indigenous or cultural gender</td>
<td>12</td>
<td>5</td>
<td>29</td>
<td>37</td>
<td>17</td>
</tr>
<tr>
<td>Non-binary or similar</td>
<td>2</td>
<td>7</td>
<td>20</td>
<td>48</td>
<td>23</td>
</tr>
</tbody>
</table>
Ever been fired, dismissed, or turned down from a job you interviewed for because of who you are

<table>
<thead>
<tr>
<th>Category</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>Woman or girl</td>
<td>34</td>
<td>66</td>
</tr>
<tr>
<td>Man or boy</td>
<td>28</td>
<td>72</td>
</tr>
<tr>
<td>Indigenous or cultural gender</td>
<td>41</td>
<td>59</td>
</tr>
<tr>
<td>Non-binary or similar</td>
<td>26</td>
<td>74</td>
</tr>
</tbody>
</table>
Personal Income (age 25+)

The Market Basket Measure (MBM) was developed by Human Resources and Skills Development Canada (HRSDC) to represent a standard of living that is a compromise between subsistence and social inclusion that reflects differences in living costs across the country.

In 2010, the lowest low-income line is the Market Basket Measure, set at $33,177 for Toronto.
Housing

- **Woman or girl:** 8% Unstable, 92% Stable
- **Man or Boy:** 11% Unstable, 89% Stable
- **Indigenous or cultural gender:** 15% Unstable, 85% Stable
- **Non-binary or similar:** 10% Unstable, 90% Stable
Ever been evicted or denied housing because of who you are

<table>
<thead>
<tr>
<th>Category</th>
<th>Yes (%)</th>
<th>No (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Woman or girl</td>
<td>11</td>
<td>89</td>
</tr>
<tr>
<td>Man or boy</td>
<td>7</td>
<td>93</td>
</tr>
<tr>
<td>Indigenous or cultural gender</td>
<td>24</td>
<td>76</td>
</tr>
<tr>
<td>Non-binary or similar</td>
<td>11</td>
<td>89</td>
</tr>
</tbody>
</table>

Legend: Yes, No
Harassment in past 5 years

- Verbal harassment
- Physical intimidation or threats
- Physical violence
- Sexual harassment
- Sexual assault

<table>
<thead>
<tr>
<th>Category</th>
<th>Verbal Harassment</th>
<th>Physical Intimidation</th>
<th>Physical Violence</th>
<th>Sexual Harassment</th>
<th>Sexual Assault</th>
</tr>
</thead>
<tbody>
<tr>
<td>Woman or girl</td>
<td>67</td>
<td>39</td>
<td>23</td>
<td>64</td>
<td>40</td>
</tr>
<tr>
<td>Man or boy</td>
<td>64</td>
<td>34</td>
<td>27</td>
<td>65</td>
<td>40</td>
</tr>
<tr>
<td>Indigenous or cultural gender</td>
<td>81</td>
<td>67</td>
<td>16</td>
<td>67</td>
<td>64</td>
</tr>
<tr>
<td>Non-binary or similar</td>
<td>70</td>
<td>37</td>
<td>16</td>
<td>44</td>
<td>30</td>
</tr>
</tbody>
</table>

The percentages represent the proportion of individuals experiencing each type of harassment within the specified category over the past 5 years.
Partner violence since the age of 16

Intimate partner violence (IPV) is abuse or aggression that occurs in a romantic relationship. “Intimate partner” refers to both current and former spouses and dating partners.
## Discrimination

<table>
<thead>
<tr>
<th></th>
<th>Woman or girl</th>
<th>Man or boy</th>
<th>Indigenous or cultural gender</th>
<th>Non-binary or similar</th>
</tr>
</thead>
</table>
| **Anticipated discrimination**  
(0 to 4.0)  
Median score (IQR) | 2.67 (1.11)   | 2.44 (1.11) | 3.00 (1.00)                   | 2.44 (0.89)           |
| **Day-to-day discrimination**  
(0 to 18)  
Median score (IQR) | 2.00 (8.00)   | 7.00 (7.00) | 11.00 (9.00)                  | 8.00 (7.00)           |
| **Major discrimination**  
(0 to 25)  
Median score (IQR) | 4.00 (8.00)   | 3.00 (7.00) | 8.00 (13.00)                  | 4.00 (7.00)           |

IQR = Interquartile Range
For more information about the Trans PULSE Canada project,

Visit:  
www.transpulsecanada.ca

Email:  
info@transpulsecanada.ca

IN THIS CENSUS, TRANS & NON-BINARY PEOPLE COUNT!

Trans PULSE Canada is a community-based survey of the health and well-being of trans and non-binary people in Canada.

To participate, you must be aged 14 or older, live in Canada, and have a gender identity that differs from the sex you were assigned at birth. You don't have to identify personally as transgender, trans, or non-binary, you don't have to be living day-to-day in your true gender, and you don't have to be taking hormones.
Acknowledgements – Trans PULSE Canada Contributors

The Trans PULSE Canada team includes more than 100 people who have contributed in different ways to the project. We would like to acknowledge the valuable contributions of the following people, and 36 additional anonymous individuals: Aaron Devor, Adrian Edgar, Alisa Grigorovich, Alyx MacAdams, Ander Swift, Angel Glady, Anna Martha Vaites Fontanari, Asha Jibril, Ayden Scheim, Bretton Fosbrook, Caiden Chih, Callie Lugosi, Carol Lopez, Charlie Davis, Connie Merasty, Dominic Beaulieu-Prévost, Drew Burchell, Elie Darling, Emily Nunez, Eva Legare-Tremblay, Fae Johnstone, Fin Gareau, Françoise Susset, Frédéric S.E. Arps, Gior Tran Minh, Greta Bauer, Hannah Kia, Jack Saddleback, Jacq Brasseur, Jaimie Veale, Jelena Vermilion, Jordan Zaitzow, Joseph Moore, Jose Navarro, Julie Temple-Newhook, j wallace skelton, Keegan Prempeh, Kelendria Nation, Kimberly Dhaliwal, Kohenet Talia Johnson, Kusha Dadui, Kylee Brooks, Leo Rutherford, Marcella Daye, Mayuri Mahendran, Meghan Smith, Moomtaz Khatoon, M. Roberts, Naja, Nathan Lachowsky, Nik Redman, Noah Adams, Peetanacoot (Winnie) Nenakawekapo, Parker L., Prerna Thaker, Rainbow Hunt, Randy Jackson, Reann Legge, Rebecca Hammond, Reece Malone, Renée Masching, Renu Shonek, Robb Travers, Rosalyn Forrester, Roxane Nadeau, Sharp Dopler, Shaz Islam, Siobhan Churchill, Skylar Sookpaiboon, Sophia Ciavarella, T.F., Todd Coleman, Tony Kourie, William Flett, and Yasmeen Persad. Thank you!

This project is funded by the Canadian Institutes of Health Research.